

## THE BENEFITS

Athletes carry the benefits from their involvement in Special Olympics with them in their daily lives at home, in the classroom, on the job and in the community. Families are strengthened and the community increases its understanding, acceptance and respect of individuals with intellectual disabilities.

## STAY CONNECTED



Special Olympics Oklahoma



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To learn more about Special Olympics Oklahoma or how to get involved, call 918-481-1234 or visit [www.sook.org](http://www.sook.org)



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# THE GOAL

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

# THE PROGRAM

Special Olympics Oklahoma develops and administers a year-round sports training and competition program throughout Oklahoma for more than 12,100 athletes ages 8 years and above. We host over 175 area events and 5 statewide events throughout the year.

Programs across the state are administered by Area Management Teams, from 14 geographic areas comprised of volunteers who work year-round to plan, organize and conduct sports training and competition events for athletes and coaches in their area. Special Olympics athletes are divisioned by age, gender and ability level, designed to give each athlete a reasonable chance to win.



# SPORTS WE OFFER

Special Olympics Oklahoma hosts over 175 area events and 5 statewide events throughout the year. We currently offer competition in the following sports:

- |                 |                 |
|-----------------|-----------------|
| • Athletics     | • Powerlifting  |
| • Basketball    | • Soccer        |
| • Bocce         | • Softball      |
| • Bowling       | • Swimming      |
| • Equestrian    | • Volleyball    |
| • Flag Football | • Cross Country |
| • Golf          | • Skiing        |
| • Horseshoes    | • Snowshoeing   |



# UNIFIED SPORTS®

The Unified Sports program brings together people with and without intellectual disabilities on the same team for sports training and competition. Unified Sports fosters the integration of persons with intellectual disabilities into schools and community programs and expands sports opportunities for athletes seeking new challenges and dramatically increases inclusion in the community.



# VOLUNTEERS

Special Olympics Oklahoma is a volunteer driven program. More than 13,000 volunteers provide manpower for events across the state.



Volunteers can become involved by coaching an athlete, serving on an Area Management Team, being a Unified Partner, helping to serve the areas of public relations and fundraising, providing office support or performing the multitude of tasks necessary to run competition events.

- Businesses
- Civic, senior, youth groups
- Corporations
- High schools, colleges, universities
- Service organizations
- Sports associations
- Law Enforcement personnel
- Individuals



# SUPPORT

Special Olympics is a non-profit organization funded through donations from corporations, foundations, civic groups, and individuals. To find out how you can join the team as a volunteer, donor, or sponsor call 918-481-1234.

