

RULES – UNIFIED CORNHOLE RULES

- Cornhole will offer Singles Play and Unified Doubles Play.
- Unified Cornhole will be Open competition divisioned by Level & Age.
- Unified Doubles Teams will consist of one Special Olympics Athlete and one Special Olympics Unified Partner.
- Tournament Format will consist of at least 2 games guaranteed.

- **Glossary of Terms**
- **Pitch** – Underhand toss of the bag toward the board in play.
- **Frame** – time period when 1 member of each Team pitches their 4 bags.
- **Inning** – period of time it takes for all 4 members to pitch their bags.
- **Top of the Inning** – time period for one member of each Team to pitch their 4 bags toward the board – both pitching toward the same board in alternating pitches.
- **Bottom of the Inning** - time period for the other members of each Team to pitch their 4 bags toward the board – both pitching toward the same board in alternating pitches.
- **Woody** – refers to any Cornhole bag that has been pitched and remains on the Cornhole board playing surface at the conclusion of the frame. *Each Woody is 1 point*
- **Cornhole** – refers to any Cornhole bag that has been pitched and passes through the hole at any time within the frame. *Each Cornhole is 3 points*
- **Foul Bag** – a bag that comes to rest touching the board AND the ground – or a bag that touches the ground before coming to rest on the board - does **not** count as a point.

- **Equipment**
 - Cornhole Boards will be 2' wide & 4' long.
 - The hole will be 6" in diameter – centered 9" from the top of the board.
 - A foul line will run 3' wide perpendicular on either side at the front of each platform.
 - The front of the board shall be 3"- 4" from top to bottom.
 - The back of the board shall be approximately 12" from the ground to the highest point of the deck.
 - The bags shall be made from 2 fabric squares 6.25" x 6.25" with a stitched seam on all 4 sides.
 - Each bag shall be filled with approximately 2 cups of feed corn or plastic pellets, and finished bags should be roughly 6 square inches and weigh 14-16 ounces.

Cornhole Levels

- Level 1 – Ages 8 – 11 and Athletes using a Wheelchair
Courts shall be 18 feet apart from front of the board to the front of opposite board. Oldest player on the team determines the age of the team.
** An 11 year old athlete and 12 year old partner do not qualify for Level 1.*
All participants in Level 1 will throw from the 18' mark.
- Level 2 – Ages 12+ - Courts shall be 27 feet apart from front of the board to front of the opposite board.

- Athletes must be able to throw their own bags unassisted – from the appropriate distance for their Level.

Field of Play

- Boards are placed 27 feet from front edge to front edge.
- Games are played to 21 or more points or a set time limit – whichever comes first.
- Unified Doubles Play – Team A competes against Team B – 2 people per Team.
- Each Unified Doubles team has a team member at opposite boards to play.

The Game

- A flip of the coin will start the game. Winner will pitch first. Loser will choose the lane to play in for the first inning.
- Each team member will play from their same lane for an entire inning, then Teams will switch lanes for the next inning.
- Singles will play from their same lane for an entire inning, Pitching 4 bags, walking to other end and pitching 4 bags back. Alternating sides at the start of each inning.
- Team members – at opposite boards – alternate pitching their bags until each team member has pitched all 4 of their bags.
- If a pitched bag hits the ground before landing on the board, that pitch is foul and the bag must immediately be removed from the board.
- If a pitched bag is partially on the board, but touching the ground in any way, it is foul and must immediately be removed from the board.
- When not actively pitching – participants must be behind the back line of the set of boards where they are playing to stay out of the way of those pitching.
- Players must deliver the bag with an underhand release.
- Players have 20 seconds to pitch their bag once their turn comes.
- Players may not step on or over the foul line when pitching.
- An official will keep & record the score for both Teams at the end of each frame.
- The game is over when a Team scores 21 or more points. If 21 is reached but the frame is not over, play will continue until all 4 bags of each Team have been pitched.
- The Team who scored in the previous frame shall pitch first in the next frame. If no Team scored, the Team who pitched first in the previous frame pitches first.

Cancellation Scoring

- The points of one player cancel out the points of their opponent in a frame.
- Using this method of scoring, only one Team can score each frame.
 - Example:
 - Team A scores 1 woody & 2 cornholes during the frame – 7 total points
 - Team B scores 2 woodies & 0 cornholes during the frame – 2 total points
 - 7 points minus 2 points = Team A scores 5 points for that frame.

