



Unified Volleyball rules dictate that the team must have equal numbers of Special Olympics Athletes and Special Partners. Court placement must alternate between partners and athletes. Roster may not exceed 12 players, We will allow you to change your roster for a sick, injured or ineligible athlete but this should be very limited and the rule is designed for your whole team to have meaningful involvement. The roster may not change during a match. Roster changes must be approved by SOOK.

- OSSAA/SOOK Unified volleyball is competitive
- Six players will be on the court at all times - 3 athletes and 3 Unified partners. Alternating positions.
- OSSAA rules will dictate in all cases not covered by SOOK rules
- Unified Sports Rules dictate that all members of the team have meaningful involvement
 - Unified Sports are designed for everyone on the team to play their role on the team without any one player, athlete or partner dominating the game.
- Referees will give a warning for dominate play and the second infraction will result in removal of that player from the game.
- Rally Scoring is used – a point is awarded on every serve.
- A set is won when a team scores 25 points and has at least a 2 point advantage with a cap of 30 the 3rd set will play to 15 with a cap of 20.
- A match is won when a team wins 2 out of 3 sets in match play.
- Substitution will be unlimited during dead balls. Athlete must check in with official before substituting.
- The court measures 59' x 29' 6". Net height will be 7' 4".
- All Faults result in loss of Rally
- Attacking or blocking a serve is considered a fault.
- The server is the player in the right-back position. Rotation of players is clockwise.
- During a serve, stepping on or over the service line before the ball is contacted is a violation.
- The ball may be hit with any part of the body.
- A player cannot play the ball twice in succession except on blocking
- A team shall not play the ball more than 3 times before it crosses the net. A touch on a block does not count as one of the 3 hits.
- Touching the net or crossing over the center line with any part of the body is a violation.
- Any ball hitting the ceiling will be considered playable by the team causing such contact, unless the ball crosses the plane of the net.
- Any ball landing on a line is considered in.
- The Libero player will not be used.